

# SCHEDULE FOR COMPETITION DAY

ТІМЕ	TASK	LOCATION
8:00 AM	Morning judges' briefing	
8:15 AM	Competitors' briefing	
8:30 AM	Group A: Manicure: Seasonal Fusion Group B: Body Therapy Treatment	Classroom Aesthetics Room
10:30 AM	End of competition 1	
10:45 AM	Group B: Manicure: Seasonal Fusion Group A: Body Therapy Treatment	Classroom Aesthetics Room
12:45 PM	End of competition 2	
12:45 PM - 1:15 PM	LUNCH	
1:30 PM	Group A; Creative Makeup: Seasonal Fusion Group B: Creative Makeup: Seasonal Fusion	Classroom Aesthetics Room
2:45 PM	End of competition 3	

\*\*Please note, this is a tentative schedule and times may vary slightly

# **Purpose of the Contest**

The principal role of an Aesthetician is to perform services to enhance client physical and psychological well-being through manicures, makeup (evening look) and body therapy (back treatment with reflexology to the feet).

The challenge evaluates each competitor's readiness for employment and recognizes outstanding students for their excellence and professionalism in the aesthetic industry.

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### Skills & Knowledge to be Tested

#### Manicure: Seasonal Fusion

During the seasonal fusion manicure, competitors will showcase their skills by performing a dry gel polish spa manicure, which includes shaping the natural nail and performing cuticle work. They will also apply a mask and demonstrate a comprehensive 12-step hand and arm massage. Detailed instructions for this massage will be available at the end of the test project document or on the SCC website for reference.

Competitors are required to apply a red gel polish to nine fingers. One ring finger, of your choice, will have freehand art applied depicting one of the four seasons, spring, summer, fall or winter.

#### **Body Therapy Treatment**

Competitors will perform a cleanse and mud detoxification wrap from the knee down, including the entire foot.

During the detox wrap, competitors will perform a 5 minutes pressure point head massage (link to video, 5:16 - 10:47 found <u>here</u>).

Competitors will then complete a dry (no soaking) mini pedicure on a lay down bed which will include toenail trimming, filing, and cuticle work with a French lacquer polish (base coat, white French application that compliments the toenail shape, blush pink overlay, top coat). Corrections are permitted. Polishes to be supplied (polishes supplied by school).

#### Creative Makeup: Seasonal Fusion

In the seasonal fusion creative makeup challenge, competitors will use their own makeup and tools to create a unique design. The task is to blend the essence of two chosen seasons onto arm of the model (knuckles to elbow, top of arm), with equal representation of each season (50/50 split). Competitors may choose any two seasons for their design.

Judging will focus on creativity, technical skill, blending, color harmony, theme representation, and overall impact.

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Documents that must be used (found at end of Test Project document) Manicure: Seasonal Fusion

Consultation form

# **Body Therapy Treatment**

Consultation form

### Creative Makeup: Seasonal Fusion

Makeup sanitation guidelines

Competitors MUST supply

# Manicure: Seasonal Fusion

- Implements
  - Cuticle pusher
  - Clippers
  - Cuticle nippers
  - <u>Buffer</u>
  - Nail file
- UV/LED Nail Lamp
- · Various gel polish colors to create your seasonal nail art
- · Any other nail art tools required to complete your design

# Creative Makeup: Seasonal Fusion

\*\*Makeup products are NOT supplied \*\*Competitors MUST bring their own makeup products and supplies or use what the school has on hand

- Makeup brushes
- Dispensing spatulas
- Any combination of makeup products that competitors need to complete the desired outcome

# **Body Therapy Treatment**

- Implements
  - Cuticle pusher
  - Clippers
  - Cuticle nippers
  - <u>Buffer</u>
  - Nail file

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Items the School will supply

# Manicure: Seasonal Fusion

- Hand/arm massage cream/oil
- · Gel polish base coat, topcoat and red gel polish
- Disposable gloves
- Gibson towels
- 6 hand towels
- · Cotton rounds
- 2 4x4 gauze
- Hand sanitizer
- Buffers
- Nail prep cleanser for nail beds (acetone)
- · Various gel polish colors to create seasonal nail art
- Nail art brush (LCN filmy brush)
- · Disinfectant/sanitizer for treatment area
- Clipboard for consultation
- Pencil/pen for consultation

# **Body Therapy Treatment**

- Linens for dressing of bed
- Blanket
- 2 Large bowls for water
- Client body wrap
- 6 Medium (hand) towels
- · Gibson towels
- Disposable gloves
- 2 Large towels
- Dispensing cups/palette
- Cleanser
- Saran Wrap/plastic wrap
- Mud mask
- Brush for mud application
- Moisturizer
- Buffers
- Nail prep cleanser for nail beds (acetone)
- Base coat, white polish, blush polish, top coat (Regular lacquer polish)
- · Disinfectant/sanitizer for treatment area
- Clipboard for consultation
- Pencil/pen for consultation

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### Creative Makeup: Seasonal Fusion

- Moisturizer
- Primer
- **4** 4x4 gauze
- Gibson towels
- Tissues
- 2 hand towels
- Dispensing cups/palette
- Disinfectant/sanitizer for treatment area
- Q-Tips
- Sponges
- Disposable Mascara wands (spoolies)

### Other Requirements

- · Competitors must wear their daily school uniform with closed-toe shoes
- Hair must be tied back
- · No excessive jewelry that may interfere with the services being performed
- · Short, neat, manicured nails
- \$25 registration fee to be paid prior to competition to Skills PEI

# **Evaluation & Judging Criteria**

Item	Point Value	
Manicure: Seasonal Fusion	30 points	
Creative Makeup: Seasonal Fusion	30 points	
Body Therapy Treatment	40 points	
Total score	100 points	

- \*\* In the event of a tie in scoring, the following procedure will apply:
- The competitor with the highest score in the Body Therapy Treatment will be declared the winner.
- If there is still a tie, the competitor with the highest score in the Manicure: Seasonal Fusion will be declared the winner.

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### Additional Information

• Detailed information on each of the competition areas, technical charts and makeup requirements are included in the "project" document. Please review them carefully to fully understand the competition.

### **PTC Contact Information**

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